



CERTIFICATE

OF PARTICIPATION

This is to certify that

Sean Swanepoel

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 05:10:03

PACE 07:21/km

GENDER 304 of

563

OVERALL 419 of 834

SENIOR (20- 170 of

39) 291

08 July 2023, Sat Date

